

Instructions after Cystoscopy (look in the bladder)

Diet: no restrictions

You may have burning while urinating, urinary frequency, and some blood in the urine. These symptoms are typical. They will usually resolve within several days. Take Tylenol or Ibuprofen with food if necessary

Activity: no restrictions

Contact our office if you experience the following symptoms:

1. Fever greater than 101 F
2. Chills
3. Uncontrolled or persistent abdominal pain or discomfort while urinating
4. Inability to urinate